

AUG - DEC 2019, ISSUE 2



KMA DIGITAL

The official e-newsletter of Kenya Medical Association

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MESSAGE FROM THE CEO

Dear colleagues,

As we are heading towards the end of 2019, it's good to look ahead and think about what the new year may unveil.

But first, let's take a quick look back. 2019 was quite a year for all of us at Kenya Medical Association. It was my first year as CEO of the company and it was one of the most interesting years of my life. I have learnt tremendously and we have been through many developments.

I would like to start with a huge thank you to all my colleagues - Thank you for all your wonderful contributions towards the growth and success of our company. We strive to put our members and clients at the heart of everything we do and we sincerely would like to thank all our members, the many long-term and new members we have, for their trust, their support and their excellent cooperation with us.

Of course, there is always a lot of work ahead and I do have a wish list for Santa Claus, which I would like to share with you:

I wish for a team that continues to embrace change. With digitization changing our work, this is so important. The Dalai Lama once said, "The greatest gift you can give a child is to prepare him for great change". The road of transforming a company can be rocky, but I am confident that our team will be ready to embrace all the upcoming challenges and to adapt quickly.

All our staff love what they are doing and our members can feel that in every interaction. I wish that we continue to be challenged and fulfilled colleagues striving for customer service at its best.

Why do I focus so much on the team? Because I believe in Richard Branson's saying "If you take care of your employees, they will take care of the clients/members." And happy members are our ultimate goal.

I wish you and your families a joyous, peaceful and restful festive season and all the best for the New Year 2020.

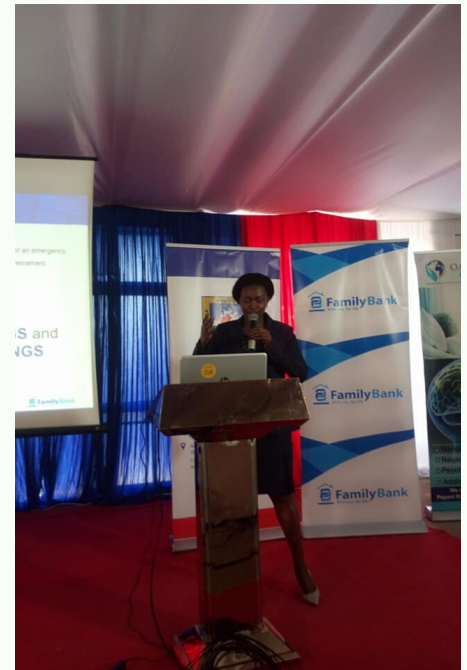


HEALTH AS AN INVESTMENT SYMPOSIUM.

Kenya Medical Association (KMA) held the 'Health As An Investment' symposium on 26th July at KMA center, Nairobi. In attendance were KMA president Dr. Jacqueline Kitulu, CEO - Family Bank Rebecca Mbithi, Dr. Andrew Suleh, CEO Lancet Kenya Dr. Ahmed Kalebi and other delegates. The attendees held discussions on how to invest in and improve healthcare. Physicians were advised by head of banks and insurance companies on health business.



Rebecca Mbithi talked about the health sector and knowing how to make your money work for you by knowing the opportunities to invest in and innovations within the sector to grow economically. Dr. Makanga from Apical Med made a presentation on investing in medical equipment while Dr. Mwangi from Kenya Dental Association talked about



ways of building a successful medical practice in the 21st Century by investing in technology, human resources and providing efficient customer care. In addition, KMA Secretary General Dr. Simon Kigundu made a presentation on group practice and how important it is for physicians to work together.



CPF MOU WITH DOCTORS

Pharmaceutical Society of Kenya CEO Daniella Munene, with Kenya Medical Association CEO Dr. Elizabeth Gitau and KMA Secretary General Dr. Simon Kigundu represented APSEA member organisations in a CPF Financial Services breakfast meeting on the need to having a retirement and pension plan for future prosperity.

APSEA Kenya signed an MOU to work with CPF Financial Services at Laico Regency. Kenya Dental Association and Radiology Society of Kenya were represented too.



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Kenya Medical Association

Championing the Welfare of Doctors and Quality Healthcare in Kenya

THE 48TH KMA ANNUAL SCIENTIFIC CONFERENCE AND AGM

THEME: THE FUTURE TODAY : TECHNOLOGY AND INNOVATION IN HEALTHCARE

KENYA HEALTH FORUM 2019

The Kenya Health Forum was held on the 14th and 15th August at Safari Park Hotel, Nairobi. The theme of the conference was 'Partnering for UHC: Delivering Affordable Quality Healthcare for All.'

The conference was officially opened by Sicily Kariuki, the Minister for Health, Kenya, who said that it was necessary for us to work on all the building blocks of the health system for UHC to succeed. Key were Human Resources for Health and health products, and she added that the transformation of Kenya into a high-income country with continued growth and flourishing economy will not be possible without a healthy population. The attainment of UHC will be catalytic to the economic growth and development of this country.

Kenya Medical Association advocated for a Health Service Commission to effectively and efficiently manage the Human Resources for Health in Public Health Sector.

KMA was represented by our President. Dr. J. Kitulu, where she compared the health system to an orchestra, meaning that all the building blocks must come together and work as a unit i.e the doctor is not more important than the nurse and vice versa.

Sabina Chege, the Chair of the Parliamentary Health Committee, supported a centrally managed human resource health structure for achievement of UHC.

Dr. Anna Wamae, Director Human Resources Advisory Council on her part said medical specialists are a resource of the National Government as per the Health Act, so the government should be responsible for their training and deployment - and this will allow counties to employ medical officers.





MEDIC EAST AFRICA - HEALTHCARE EXHIBITION AND CONFERENCE 2019

Medic East Africa - Healthcare Exhibition and Conferences in collaboration with Kenya Medical Association held a side conference during their annual exhibition. KMA organized the Public Health Conference with the theme 'Role of Professional Associations in Ensuring quality UHC via Standards and Protocol'.

Kenya Medical Association is a national association, developed to promote quality care around the country along all specialized healthcare fields. This conference provided the opportunity to bring healthcare professionals together who are dedicated to upholding and improving patient care. It is a unique event that features the various medical societies within the Kenya Medical Association to present not only their work, but their ideas, thoughts and practical viewpoints to cultivate healthcare around the country.

With the extensive move towards universal healthcare coverage around Kenya, these societies play a vital role in developing standards, practices and regulations to guarantee that UHC is achieved and sustained.

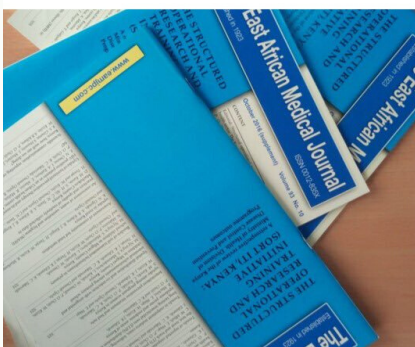
Aimed at policy makers, public health specialists and other senior level healthcare professionals, this programme gives public health stakeholders a platform to discuss the issues related to UHC, and the standard of care.

Medic East Africa serves as the platform to source medical equipment and technology on a global level, providing visitors access to the widest range of medical devices, products and supplies in the East African region.

The primary goal of the event is connecting manufacturers and service providers with clinicians, procurement professionals, dealers and distributors. Leverage the success of the show and make key business contacts by utilizing our multiple channels to connect you to the region's healthcare and medical laboratory industry.

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ICPD+25 Conference 2019

By Maria Tororey

The 3 day Nairobi Summit on International Conference on Population and Development (ICPD25) came to a successful conclusion on 14 November 2019. Participants included governments, civil society, youth groups, faith-based organizations, academia and the public in general. Several partners made bold commitments to transform the world by ensuring zero maternal deaths, zero unmet need for family planning, and zero gender-based violence and harmful practices against women and girls by 2030.

It mobilized more than 1,200 commitments from around the world, including billions of dollars in pledges from public and private sector partners. It also raised the voices of marginalized communities, youth and grassroots advocates, who were able to directly engage heads of state and policymakers about how to realize the rights and health of all people.

In his statement on Kenya's Commitments, His Excellency, Hon. Uhuru Kenyatta during the official opening of ICPD25 made 11 re-affirmations.

Let's take a look at 3 of them:

1. To enhance the country's population and development programmes through increased budgetary allocations; efficient implementation of programmes and projects; and integration of population issues into the formulation, implementation, monitoring and evaluation of all policies, programmes relating to sustainable development at national, county, and sub-county levels by the year 2030.
2. To ensure that all citizens attain the highest possible standard of health. And, this will entail elimination of the following; preventable maternal and newborn mortality; mother to child transmission of HIV; teenage pregnancies; and new adolescent and youth HIV infections by 2030.
3. To ensure universal access to quality reproductive health services, including prevention and management of Gender Based Violence in humanitarian and fragile contexts by 2030.

In line with the above, the RHC will continue to advocate for sensitization of women and girls on access to comprehensive reproductive health services, advocate and support capacity building of all healthcare providers on comprehensive RH services e.g. through the e-learning course on SRHR and Law and Policy making processes in Kenya and advocate for consensus and dissemination of the reinstated Standards and Guidelines for comprehensive reproductive health.



EAHF 2019

Held on 5th - 6th September with the Theme: From Strategy to Action: Advancing Health Systems in the SDG era.

Representing KMA, Dr. J Kitulu said that Kenya is on an exponential trajectory in innovation, and health professionals are critical to capitalising on this and achieving UHC.

Prof Khama Rogo from World Bank added that the health space and needs expanding, but that government resources were inadequate and donor money is unreliable; therefore, the private sector must be mobilized to fill the gaps.

It was a very personal panel with Willy Soriney from Pfizer and Solange Hakiba from Rwanda's Mutuelle de Sante leading the discussion on regional models for improving access to care.

Pharm Access Organization country director Isaiah Okoth emphasized that trust must be established throughout the entire health system to achieve UHC, which entails trust between patients, health care professionals, governments, donors. Transparency is the key!

CEO PSK Daniella Munene also attended the conference where she emphasized on utilizing the existing private sector to achieve UHC. She was also in support of the Cabinet Secretary's call for self-regulation to enhance patient's safety.



KMA PROFESSIONAL INDEMNITY INSURANCE PARTNERSHIP

In an endeavor to represent medical and dental practitioners registered to practice in Kenya with a twin mission of championing the welfare of doctors, and advocating for the provision of quality healthcare for all.

KMA has entered into a partnership with Madison Insurance and is completing development of a Professional Indemnity (PI) package for doctors. KMA and Madison Insurance have previously had a PI package for doctors. The team will improve on the previous package.

PI is now mandatory for doctors and is indeed both beneficial for doctors and for clients who may experience inadvertent medical outcomes.

To benefit from this partnership doctors are encouraged to register into the KMA database and renew their annual subscriptions.

This can easily be done via portal.kma.co.ke and payment can easily be made via **MPESA Paybill 645645, A/C No. the doctor's name, amount 5000 (5500 if new), PIN** and voila.



The 1st Africa-Japan Public-Private Joint Mission - Enhancing Mutual Understandings and Building Partnerships

In November 2019, the Ministry of Economy, Trade and Industry (METI) and Medical Excellence JAPAN (MEJ) welcomed delegates from Africa to the first Africa-Japan Public-Private joint Mission (PPM) which was held in Tokyo with an aim of establishing new partnerships, sharing experiences and building awareness and visibility of Japanese medical devices, services and technologies. The African delegation consisted of the representatives from both the Public and Private sectors of three countries: the Republic of South Africa, the United Republic of Tanzania, and the Republic of Kenya.

Forum:

The forum was held on November 5 at the National Museum of Emerging Science and Innovation (Miraikan). In his keynote address, the CEO of MEJ, Dr. Kondo, presented the patient-centric policy and the basic guidelines for conducting "Rational Medicine Initiatives" through the practice of "Regulatory Science". Under the overall theme "Contributing Towards Universal Health Coverage (UHC)", two sessions were held.

During the morning session titled "Effective Public-Private Partnership (PPP) from Public Sector Perspective", representatives from Tanzania and Kenya shared an overview of the current public health situation and public-private partnerships from their countries. During the afternoon session titled "Role of Private Sector in UHC Achievement", private sector champions from the three countries representatives shared their knowledge, opportunities and challenges of doing healthcare business in Africa with the audience.

Networking: Lunch and Device Exhibition

Six Japanese companies had the opportunity to showcase their healthcare technologies and solutions to the African delegation. The showcase was an opportunity to identify potential channels of engaging both the public and private sectors to build the Africa-Japan health business relationship. The exhibition took place during the networking lunch at the same venue.

Visit to 3 hospitals in Tokyo and Terumo Medical Pranex

On the morning of November 6, the delegates visited three hospitals each country separately; Tokyo Medical University Hospital (TMUH), National Center for Global Health and Medicine (NCGM), and Keio University Hospital (KEIO) for facility tours and exchange of opinions. Delegates explored the ER and Education systems at TMUH, hospital operations and activities of the International Medical Cooperation Bureau at NCGM, and the divine surgical technique of ESD (Endoscopic Submucosal Dissection) at KEIO. The fact finding tour and knowledge sharing experiences were a key highlight for the African delegation to recognize the unique system of capacity building and hospital operations, the importance of early detection and treatment, Japan's medical contributions to the continent.

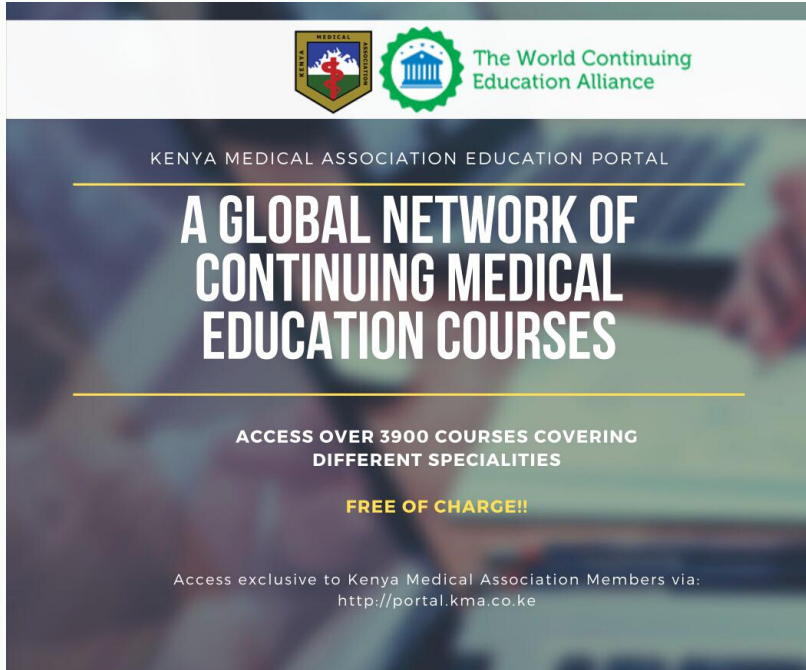
In the afternoon, the delegates visited Terumo Corporation's medical training facility (Terumo Medical Pranex) in Kanagawa Prefecture and toured the facility. Lively discussions on capacity building and simulation training for medical systems were held.

Courtesy call on METI and meeting with JGA.

On the morning of November 7th, the delegates paid a courtesy call to METI. The Director of the Healthcare Industry Division; Mr. Nishikawa presented on the issues and solutions for an aging society, and from the Planning Officer of Cabinet Secretariat Medical Strategy Office, Mr. Sasaki on the principle of Africa Health and Wellbeing Initiative.

During the session, delegates from Africa and Japan promoted intercultural dialogue and mutual understanding of future synergies and cooperations. Subsequently, at the meeting with the Japan Generic Pharmaceutical Association (JGA), the International Activities of the Japanese Generic Pharmaceutical companies and the activities of Ohara Pharmaceutical Co., Ltd.

KMA - President Dr. Jacqueline Kitulu was in Tokyo, Japan to discuss #UHC at the Africa Japan Public Private Mission. Dr Mulwa of Makueni was the other KMA member making a presentation. While in Japan she will explore how Japanese organizations can strengthen Kenya Medical Association to assist in strengthening monitoring and evaluating the #UHC program in Kenya.

A banner for the Kenya Medical Association Education Portal. At the top, it features the logos of the Kenya Medical Association (KMA) and The World Continuing Education Alliance. Below the logos, the text reads "KENYA MEDICAL ASSOCIATION EDUCATION PORTAL". The main headline is "A GLOBAL NETWORK OF CONTINUING MEDICAL EDUCATION COURSES". Below this, it states "ACCESS OVER 3900 COURSES COVERING DIFFERENT SPECIALITIES" and "FREE OF CHARGE!!". At the bottom, it says "Access exclusive to Kenya Medical Association Members via: <http://portal.kma.co.ke>".

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BAF - KMA TRAINING

For two days, Oct 29-30, members of the KMA NGC underwent a training on leadership, strategy, planning, corporate governance and ethics facilitated by The Business Advocacy Fund's trainer Twalib Ebrahim.

KMA recognizes the need to train its National Governing Council on Leadership, Corporate Governance and Ethics to ensure that the leaders serving in these positions serve in a scientific manner.

The Business Advocacy Fund supports business member organisations (BMOs), trades unions and civil society organisations with an interest in supporting business engage in private-public dialogue and to advocate improvements in the business environment in Kenya in the expectation that, if successful, changed policies will lead to more investment and, ultimately, more jobs.

The team of trained KMA leaders have been sent forth to lead! The fruits of the training will soon become evident.



WMA ANNUAL GENERAL MEETING - TBILISI GEORGIA

The World Medical Association Annual General Assembly was held on 23th - 26th October, 2019 at the Sheraton Tbilisi Metechi Palace Hotel, Georgia.

At the Ceremonial Session, Dr. Miguel Roberto Jorge was installed as President of the WMA for 2019/20. Dr. Jorge, the director of the Brazilian Medical Association, is an Associate Professor of Psychiatry and Chairman of the Research Ethics Committee of the Federal University of São Paulo.

The General Assembly agenda included euthanasia and physician assisted suicide, medical ethics in sports medicine, violence against health professionals, pseudoscience and pseudo therapies, antimicrobial resistance, female foeticide, solitary confinement and physicians treating relatives and friends.

Kenya Medical Association was unanimously voted to host the 224th Council session of the World Medical Association. This will be held between the 20th and 23rd April 2023. Kenya joins Rwanda in bringing WMA to Africa. Rwanda will host the 2023 General Assembly in October.

KMA was delighted to have its Young Doctors Network Convener, Dr Lynda Kemunto elected as Membership Director of the Junior Doctors' Network of World Medical Association.

KMA continues to represent doctors at the global platforms and contribute to health related discourse.



The African women's Health Summit was held on 27th and 28th november at the Panari Hotel, Nairobi. It was attended by many leaders in the industry. The Kenya Medical Women's Association was a supporting partner towards the championing of women's health.

Co-hosted with Africa Healthcare Extension Summit 2019 the conference was designed to provide a comprehensive and innovative overview of the latest developments in the field of women's health. The strategic conference covered the latest advancements in the field of Oncology, Gynecology, Reproductive Health, Neuroscience, Diabetes & Endocrinology and Pathology.

The discussions that were held include understanding endometriosis: current trends and future management, uterine fibroids - a kenyan case study, polycystic ovary syndrome(PCOS) and women's health, innovation in postpartum hemorrhage(PPH) care in addressing maternal mortality, optimal diagnosis and treatment of hypothyroidism among others.

AMSUN /KMA CAREER TALKS

On the 25th of October, we held our first mentorship career talk session. It was an interactive session with talks from Dr. Eric Hungu, a breast surgeon and Dr. Winfred and Dr. Idris, who are anesthesiologists. The student turnout was quite impressive with many students in attendance who had many questions for the presenters. During this session we were introduced to Dr. Eric Hungu a surgeon specializing in breast surgery. During his discussion, he talked about surgical bodies such as COSECSA and how they play a role in those willing to pursue surgery as a sub specialty. He also shared his experience during internship and what it was like being a surgeon in a remote area. Aside from this he also emphasized on the aspect of being able to balance real life and medical life and how it is very demanding yet not impossible.

For anesthesia we were joined by Dr. Winfred and Dr. Idris Chikophe an anesthesiologist with a fellowship in pediatric cardiac anesthesiology.

He noted that anesthesiology is an interesting field with many opportunities.

Both doctors told us their experiences and how they ended up deciding on their current field each noting that their interests lead them there. Aside from this Dr Winfrey emphasized, of the financial freedom during internship, that it would be wise to save money to pay for masters. She also noted that postgraduate studies are purely fueled by your interest and passion to pursue your dreams.

Dr. Idris Chikophe accounted his life up till he decided to do anesthesiology he noted that there were many opportunities in the field, that there are fellowships and paid study is also a lucrative option in terms of advanced training in the field. He mentioned that there is a lot of support from the other senior doctors in the field, and that various workshops on emergency trainings provide valuable opportunities for training. Furthermore, he mentioned that anesthesiology is not just restricted to theatre, but is equally crucial in the ICU management of patients.



**AMSUN & KMA
CAREER TALK SERIES**

Topic
*General Surgery and
Anesthesiology Career Talk.*

Time: 5:00-6:30 Pm
Venue: LT3

SPEAKERS
1. Dr. Winfred Mwangi
Anaesthesiologist
2. Dr. Eric Hungu
Surgeon



GLOBAL HANDWASHING DAY 2019

Every October 15th, millions of people celebrate Global Handwashing Day through worldwide celebrations, events, and advocacy campaigns. Global Handwashing Day was founded by the Global Handwashing Partnership, an international coalition of organizations working to promote handwashing with soap. Handwashing with soap is a simple and effective way to prevent diseases and ensure overall health. In 2018, more than 570 million people promoted the simple, life-saving act of handwashing with soap on Global Handwashing Day.

This year's Global Handwashing Day theme, "Clean Hands for All," follows the year-long push to leave no one behind in the Sustainable Development agenda. Handwashing with soap is a simple, yet often neglected act. Inequalities in access to proper handwashing facilities and behavior change programs can put individuals at higher risk for diseases that impact their health, education, and economic outcomes. To achieve handwashing equity, this year's Global Handwashing Day emphasizes the need to look to those often left behind and actively work to ensure inclusivity in handwashing efforts moving forward.

Globally, only 60% of the world's population has access to a basic hand washing facility. Among vulnerable groups, handwashing is a greater challenge. In conflict-affected settings, children under 5 years of age are 20 times more likely to die of diarrhea than violence. Handwashing with soap can reduce the incidence of diarrhea in these settings by nearly half. Handwashing with soap is a critical way to ensure health for all.

Global Handwashing Day seeks to raise awareness about the importance of handwashing. The Day encourages action to promote and sustain handwashing habits. Organizations and individuals can celebrate Global Handwashing Day by planning an event, participating in a digital campaign, or spreading the word about the importance of handwashing.

Beyond Global Handwashing Day, communities should ensure handwashing stations with soap are accessible and appropriate, provide inclusive behavior change programming, and advocate for handwashing in policies to ensure clean hands for all.

This year our CEO Dr. Elizabeth Gitau joined Unilever Kenya Limited and Lifebuoy in marking this years Global Handwashing Day at Kawangware primary school.



HPV VACCINATION LAUNCH

On 18th Oct President Uhuru Kenyatta launched at Ziwani Primary School a vaccination campaign aimed at protecting Kenyan women against cervical cancer. The vaccine against Human Papillomavirus (HPV) will be administered to girls aged 10 years across the country. This was flagged by Health CS Sicily Kariuki, CS Prof. George Magoha, Governor and Hassan Ali Joho and area leaders among women in Kenya.

The President said the launch of HPV vaccine is a proud moment for Kenya as it marks a major milestone in the fight against cervical cancer. He advised Kenyans to adopt healthy lifestyles so as to reduce the prevalence of non-communicable diseases.

Cancer not only affects the patient; one person affected by any form of cancer affects the whole community, a constituency and the entire nation. Therefore introduction of any additional effective, safe and scientifically sound tool that protects people from cancer is a good decision." said Dr Rudi Eggers, WHO Country Representative for Kenya.

HPV is highly transmissible and infection is very common. Of the more than 100 types of HPV, at least 14 are cancer-causing, and two (types 16 and 18) are responsible for 70% of cervical cancer cases. In developing countries like Kenya, where women often lack access to cancer screening and treatment services, immunising girls before exposure to HPV is critical. Safe and effective HPV vaccines can prevent up to 90% of all cervical cancer cases.

Effective implementation and introduction of new vaccines into routine immunisation programmes requires collaboration to raise awareness and generate demand. "Nearly all cases of cervical cancer can be prevented through vaccination, potentially saving around 3,000 women's lives in Kenya every year," UNICEF Kenya Representative Maniza Zaman said. "In order to achieve this, we need to dispel myths and misconceptions that could negatively impact vaccine uptake. UNICEF is supporting the government to provide clear and evidence-based information to people about the benefits, safety and efficacy of HPV vaccine."



KMA STATEMENT ON HPV VACCINATION

The Kenya Medical Association (KMA) is the premier Health Professional Association in Kenya, and our primary mandate is to advocate for the welfare of our members as well as to promote high quality health care for all citizens.

The Kenya Medical Association (KMA) notes with great concern reports in the media concerning Kenya Catholic Doctors Association (KCDA) objecting to the introduction of vaccination of girls against Human Papilloma Virus (HPV) as a preventive measure for cancer of the cervix.

Cancer of the cervix is the second commonest cancer in Kenyan women after breast cancer, and the fourth globally. HPV is the most common sexually transmitted infection and facilitates development of cancer of the cervix among other cancers. According to a report by Information Centre on HPV and Cancer, about 5,250 new cervical cancer cases are diagnosed annually in Kenya and about 3,286 cervical cancer cases result in death every year.

The World Health Organization recommends that all girls aged above the age of 10 should get two doses of HPV vaccine given six to twelve months apart. The vaccine is most effective when given before a girl is exposed to the virus and is proved to be one of the most effective methods for preventing HPV. For females who have not been vaccinated, the recommendation is that the same should be taken before 26 years. There is no research evidence that the vaccination is associated with early initiation of sexual activity or sexually risky behavior.

KMA finds the call by the KCDA for a boycott on the vaccine to be unfounded on evidence and utterly irresponsible as it denies our women a potentially life-saving intervention against cervical cancer and warts. KMA fully supports the Ministry of Health's efforts in disease prevention and its comprehensive response to the statements made by KCDA.



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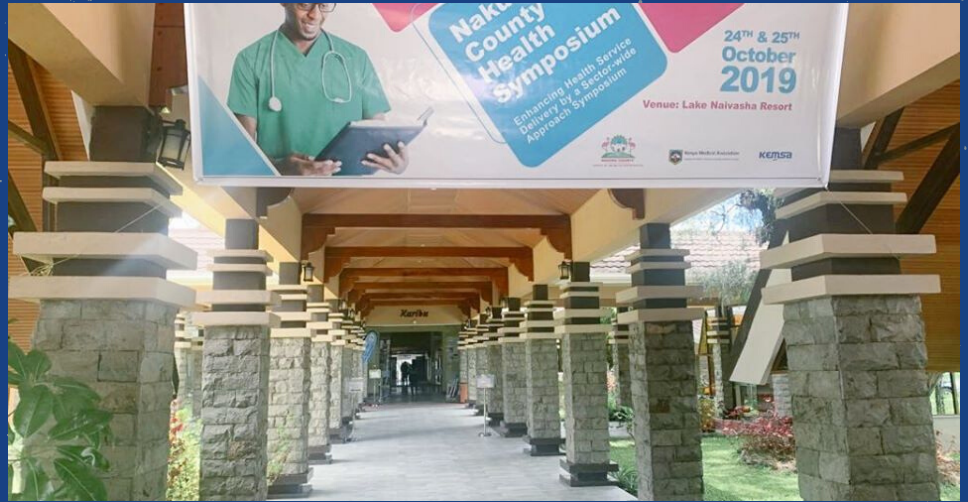
On 27th of August the KMA CEO Dr. Elizabeth Gitau & Secretary General Simon Kigundu met the BD team at KMA Headquarters, KMA Centre.

The BD team consisted of Nyawira Njeru, the Global Health Director & Linet Arika, the Territory Manager.

KMA & BD will collaborate in the area of Antimicrobial Resistance (AMR).

As the umbrella association of doctors in Kenya and already working with PSK, KMA is well positioned to raise awareness of AMR and lead behavior change among doctors and the public on antibiotic use.

BD & KMA will collaborate to roll out education programs to improve the knowledge of doctors on AMR and to champion best practices aimed at reducing AMR.



1ST NAKURU HEALTH SYMPOSIUM

KMA Nakuru Division held its premier health symposium on 24th October, 2019. The delegates held an interactive online discussion on the everyday challenges in the management of allergic rhinitis and latest updates.

They discussed potential investment areas including education, medical ICT, medical tourism, manufacturing of pharmaceuticals and non pharmaceuticals, private practice, sanitation products and medical physical infrastructure. Dr. Supa Tunje made KMA presentation on enhancing healthcare in Nakuru county through a professional body.

KMA CONSTITUTION & SGM

KMA had a Special General Meeting (SGM) for ALL KMA members. The purpose of the SGM was to ratify and adopt the new KMA constitution. The SGM was held on 9th November 2019 from 1 pm at the KMA Centre Auditorium.

Earlier that day, the KMA National Executive had its first inaugural meeting with KMA Past Presidents after which the Special General Meeting was held.

Later on the KMA TRUST updated the KMA Constitution & by-laws ratified it and was approved by the KMA SGM convened at KMA Centre Auditorium.





The importance of medicines can only be realized if they are readily available when required. With that in mind, Cosmos started in 1978 with the sole aim of manufacturing quality medicines at an affordable price for East Africans.

At Cosmos, we believe quality is of paramount importance and there is only one quality when it comes to medicines. Adhering to strict Good Manufacturing Practices we were able to achieve this through both public and private partnerships. With over 300 registered products, Cosmos' aim was to increase the quality of life, convenience and compliance of the people.

Cosmos is now a third generation family business of technocrats. Our latest aim is to gain international standard recognition through WHO prequalification.



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and diabetes
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- State-of-the-art laboratory, highly trained and qualified staff.
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VALUED PARTNERS

- Clinton Health Access Initiative
- Centrale Humanitaire Medico Pharmaceutique (CHMP)
- Medical Access Uganda
- Mission for Essential Drugs and Supplies (MEDS)
- Chemonics (USAID)
- Kenya Medical Supplies Authority (KEMSA)

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