



KMA Newsletter

June Issue 2017

Greetings from the Kenya Medical Association.

Have a glimpse of our June Issue of the KMA Newsletter with insights on KMA's events and activities.



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Questions?

Comments

Feedback

Contact us through our various platforms:

193rd NGC Meeting and Innovation Symposium



The 193rd National Governing Council meeting was held on the 21st of January 2017 at the Cathay Hotel in Nakuru. The event began with a social activity on Zumba for health, followed by the treasurer's and secretary's reports for the Annual General Meeting. After the AGM, the National Executive Council Officials commissioned the KMA Nakuru office at the Nakuru Palliative Care centre.

A half day symposium on "Innovation in Healthcare" in the afternoon wrapped up the day's events. The symposium included presentations from:

- Access Mobile on IT solutions for health
- Sanlam Insurance on Doctor's welfare
- AAPC on ICD 10
- HBG on bone marrow transplant
- Renault on Automobile solutions for your business



KMA Strategic Plan Launch

On the 7th of April 2017, KMA launched its five year Strategic Plan for 2016-2020 at the Sarova Panafric Hotel. The planning process was conceptualized through a workshop held on 3rd and 4th June, 2016. It incorporates four of the seventeen sustainable development goals. These are: to end poverty in all its forms everywhere, to ensure healthy lives and promote well-being for all at all ages, to achieve gender equality and empower all women and girls and to promote peaceful and inclusive societies for sustainable development, as well as to provide access to justice for all.

Key strategic issues discussed are highlighted as follows:

- Membership Growth
- Alignment and enhancement of Governance and governance issues
- Resource development
- Communication, advocacy and branding
- Members' Welfare
- Use of Information Communication Technology



The event was graced by esteemed guests as well as both National Governing Council and National Executive Council members of the Kenya Medical Association. Among the Chief guests during the event were Kenya Red Cross Secretary General Dr. Abbas Gullet and keynote speaker, Prof. Khama Rogo, a former president of KMA. Prof. Rogo urged for professional leadership among stewards in the health sector and increased awareness of welfare among members.

Ethiopia Medical Association Conference



In promoting regional collaboration of Associations, KMA attended the Ethiopian Medical Association Conference in Addis Ababa Ethiopia, following an invitation from the Outgoing Ethiopia Medical Association Secretary Dr Tewodros Tsegaye. KMA was represented by the KMA National Chair; Dr. Jacqueline Kitulu (extreme left) and KMA CEO; Dr. Stella Bosire (extreme right).

Prof. Yewoinhare Feleke (2nd left), was the first and only female President of the Ethiopia Medical Association. Dr Gemechis Mamo is the current President.

World Medical Association Council Meeting

The 206th World Medical Association Council meeting was held from the 20th to the 22nd of April 2017 in Livingstone, Zambia. The meeting was attended by over 200 delegates from over 30 national medical associations.

Our very own National Assistant Secretary, Dr. Dorcas Supa (left), represented KMA during the World Medical Association council meeting.

The council meeting was aimed at debating on key issues such as policy proposals on medical tourism, boxing, medical cannabis, bullying and harassment, hunger strikes and climate change.



KMA Standing Committees

KMA has various Standing Committees which help in the running of the Association affairs. Members are requested to volunteer and join the appropriate committee as per their interests. Kindly let us know which committee you would like to serve by giving your name and contacts to nec@kma.co.ke

Committee	Convener	Convener's Division
Awards	Dr. Uma Nathwani	Coast
Ethics, Standards, Research & CPD	Prof. Elias Onditi	Eldoret
HIV/AIDS	Dr. G.P. Yossa	Coast
Human Rights	Dr. R.S. Marjan	Coast
ICT	Dr. Abdi Mohammed	Nairobi
KMA Trust	Dr. Elly Nyaim	Nairobi
Managed Healthcare	Dr. G. Rae	Nairobi
Public Health, Road Safety & Anti-Tobacco	Dr. F.X.O. Odawa	Nairobi
Reproductive Health	Prof. B. Ofieno-Nyunya	Eldoret
Social Responsibility & Welfare	Dr. Joy Mugambi	Nakuru
Physicians Health Committee	Dr. Somba Kivungu	Nanyuki

45th Annual Scientific Conference and AGM

Our 45th Annual Scientific Conference was held from the 19th to the 23rd of April 2017 at the serene Sportsman's Arms Hotel in Nanyuki, overlooking the great Mount Kenya.

The 4 day event themed "Health Indicators for Sustainable Development" was graced by exhibitors, sponsors, presenters and members of the Kenya Medical Association. The presentation sessions on Sustainable Development Goals included topics on Disaster Risk Management, Sustainable Cities, Food, Water, Jobs and Energy.

Day one of the conference included a pre-conference on Disaster Risk Management, which was kicked off by Dr. Abbas Gullet, Secretary General of the Kenya Red Cross, who spoke at length on the disaster risk management framework in Kenya, and focusing specifically on the Sendai Framework for disaster risk reduction.

On day two, the conference was officially launched by the World Health Organization representative to Kenya, Dr. Rudolf Eggers. Dr. Eggers made his chief guest speech on Sustainable Development Goals. This was followed by a keynote address from AMREF Health Africa Chief Executive Officer, Dr. Githinji Gitahi. Dr. Gitahi spoke on a variety of issues encompassing patient education in a strained health workforce, and identifying aligned partners in the health sector to address health needs in the society.

Day three featured an RHRA symposium where the panelists, inclusive of the RHRA convenor, Prof. Boaz Nyunya, KMA CEO, Dr. Stella Bosire and Dr. Amos Otara. The session's discussion was on 'KMA's role in law and policy processes at National and County levels'. This was followed by presentations from the KMPDU Secretary General, Dr. Ouma Oluga on the future of doctors, former KMA CEO, Dr. Elizabeth Wala on the Amref Medical Specialists Consortium and an afternoon session on sustainable food and energy.

For football lovers, an entertaining football match between the Kenya Medical Association and the Ugandan Medical Association was one of the sporting highlights of the event, with UMA beating KMA with two goals to one to lift the Matthew Lukwiya trophy. The football match was played in honor of the late Dr. Margaret Mungherera.





Somaliland Rep: Dr. Hassen Abdirahman



Dr. Ekwaro Obuku: Secretary General of UMA

KMA was pleased to have international guests in attendance during the 4 day conference.

Some of the international guests present during the event were Somaliland representative Dr. Hassen Abdirahman; a member of the Somaliland Medical Association board, who urged doctors and the Kenya Medical Association to participate in training on emergency medicine and emergency medical services in Kenya. Also in attendance was Dr. Ekwaro Obuku; the Secretary General of the Uganda Medical Association.

To bring the conference to a successful end, a colorful gala dinner was held on the 21st of April followed by a trip to the Olpejeta Conservancy in Nanyuki, on the 22nd.

KMA would like to appreciate all the participants, exhibitors, sponsors, members and non-members who attended and were involved in making the conference a success.

We hope to see you next year for the 46th Annual Scientific Conference.

KMA-RHRA ACTIVITIES

The KMA/RHRA project coordinator, Julia Kosgei, attended the National Abortion Federation Annual meeting held from the 22nd to the 25th of April in Montreal Canada, where she made a poster presentation on "*Building the Capacity of Marginalized and Vulnerable Populations to Make Informed Decisions around Comprehensive Abortion Care Services through Community Organizing.*" The poster presentation entailed a study conducted in Mathare Valley, one of Nairobi's peri-urban settlements. The study was meant to determine the Knowledge, Attitude and Practices on contraceptive and safe abortion services among women and girls of reproductive age and healthcare providers.

This followed a project benefit assessment carried out in Nairobi County in the peri-urban settlements of Mukuru kwa Njenga and Mukuru kwa Reuben from the 8th to the 10th of April 2017. The field work evaluation assessment was to identify the impact of intervention on the lives of those whom it was implemented for and then propose the best practices that can be maintained replicated in the future.

Click on the link to view the detailed study report.

[View Knowledge Attitude and Practices Report](#)



Workshop on the role of KMA in law and policy processes in Kenya

The workshop on law and policy processes in Kenya, which was facilitated by KMA, KELIN and the Principal Legal Counsel from the senate, drew participation from 35 National Governing Council members. It was held on the 8th of April 2017 at the Sarova Panafric Hotel. The purpose of the meeting was to build the NGC's understanding on devolution and the health sector as well as their role in safeguarding devolved functions. The workshop also sought to build the understanding on bill making processes at the National, senate and county assemblies and explore opportunities for KMA National Governing Council to participate in Sexual Reproductive Health Rights law and policy making processes at the National and county levels.



Pre-Planning Meeting on Nakuru Maternal and Child Health Bill

RHRA supported a meeting between the County Health Management Team and KMA Nakuru Division on the revision of the Maternal and Newborn Child Health Bill, on the 26th of April 2017 at the Milele Resort in Nakuru. In attendance during the meeting were Nakuru CHMT, AMREF, KELIN, and members of KMA. The purpose of the meeting was to introduce KMA to the County Health Management Team redrafting the bill, as well as explore opportunities to provide medical-legal technical assistance in redrafting the bill.



KMA/RHRA Nairobi Division CME

KMA/RHRA convened a CME for KMA Nairobi Division on Sexual Reproductive Health Rights law and policy processes at both county and national levels. The event took place at the Sarova PanAfric Hotel on the 11th of May 2017. With over 60 health professionals from different specialties and medical students attending the event, the purpose of the CME was to build KMA Nairobi Division's member understanding on devolution and the health sector as well as their role in safeguarding devolved functions of health, build their understanding on bill making processes at the county and national assemblies and explore opportunities for KMA Nairobi Division members to participate in SRHR law and policy processes.



Embakasi Medical Camp

KMA has in its mandate a corporate social responsibility. This is manifested in several ways, such as holding free medical and surgical camps, free media based public health education, advocacy etc.

As part of this mandate, KMA and the **Pharmaceutical Society of Kenya (PSK)** supported **CITAM Embakasi's** free medical camp by donating drugs and availing free services from doctors who are members of KMA. The camp, which took place from the 20th to the 22nd of April 2017 at Embakasi Primary School, attracted a number of well-wishers and sponsors such as the Standard Group Limited, Komarok Health care, Kenya Airways, Medanta Clinics and many more.

It provided an opportunity for at least 3000 patients from the area to receive services and advice on several areas including;

- Reproductive Health
- Child Health
- Lifestyle diseases



CITAM Embakasi Senior pastor, Rev. Martin Mbandu and team

African Partners' Immunization Advocacy Meeting

The African Partners' Immunization Advocacy Meeting was held at the Villa Rosa Kempinski Hotel in Nairobi from the 3rd to the 4th of May 2017.

KMA Chief Executive Officer, Dr. Stella Bosire, was in attendance at the meeting hosted by the World Health Organization, the Bill and Melinda Gates Foundation and Gavi

The meeting aimed at taking a more integrated approach to attaining the Sustainable Development Goals and overcoming the inherent challenges on access to immunization. With this view, the strategies identified towards bridging this gap were:

- Focusing on evidence based advocacy and communications.
- Identifying technical gaps in immunization
- Instituting a rigorous monitoring and accountability framework.



Partnerships & Adverts



KMA-STANBIC Partnership

Stanbic Bank has partnered with KMA to offer home and office loans to members of the Kenya Medical Association at affordable rates.

For more information, contact:

Grace Kimemia on 0721 756 373, email: grace.kimemia@stanbic.com

	Total Cost	Percentage of the Loan Value	Repayment Period	Interest Rate
Office Space	From 15,000 per Sqft	70%	120 months	13.5% pa
Residential Apartments:-				
1 Bedroom	From Kes. 11,600,000	90%	240 months	13.5% pa
2 Bedroom	From Kes. 16,400,000	90%	240 months	13.5% pa
3 Bedroom	From Kes. 18,000,000	90%	240 months	13.5% pa

For more information contact:
Grace Kimemia: 0721 756 373, **email:** grace.kimemia@stanbic.com / **Irene Mamitu:** 0726 552 455, **email:** irene.mamitu@stanbic.com



PCEA Kikuyu Hospital now offering admission privileges to doctors.

There are three operating theatres at PCEA Kikuyu Hospital, one in each Unit; General Hospital, Eye and Orthopaedic. Our theatres are open 24 hours a day and are well equipped with essential machines and qualified & experienced staff who ensure high standards of service delivery to our clients.

Among the machines available at our service Units are:

GENERAL HOSPITAL UNIT	EYE UNIT	ORTHOPAEDIC UNIT
<ul style="list-style-type: none"> • 3 anesthetic machines • Endoscopy machine • Laparoscopic machine • 7 patient monitors • 4D ultrasound • ECG • Digital x-ray • CT scan machine 	<ul style="list-style-type: none"> • 3 operating microscopes • DORC machine for Vitrectomy and Phaco • Accurus vitrectomy machine • A-Scan • Tridex Laser machine • Laureate Phaco machine • Legacy Phaco machine 	<ul style="list-style-type: none"> • 2 anesthetic machines • 1 mobile C-arm • X-ray

We have a 24 hour pharmacy and laboratory as well as physiotherapy facilities available in both the General Hospital and Orthopaedic Unit. There is a total of 106 beds for admission of patients in the General Hospital, 37 in Orthopaedic Unit and a 76 bed capacity in the Eye Unit. Private rooms are also available in all the Units.



Applications should be sent to:
The CEO
PCEA Kikuyu Hospital
PO Box 45 - 00902 Kikuyu
 or email: Kikuyu@pceakikuyuhospital.org

PCEA KIKUYU ADMISSION PRIVILEGES

The PCEA Kikuyu Hospital is now offering admission privileges to doctors at three of their operating theatres at the

- General Hospital Unit
- Eye Unit
- Orthopaedic Unit

Applications should be sent to:

The CEO

PCEA Kikuyu Hospital

P.O Box – 00902 Kikuyu

Or email Kikuyu@pceakikuyuhospital.org

Upcoming Events

- [Emergency Health Care Symposium](#) - 29th to 30th June
- KMA/RHRA Coast Division CME - 1st July
- Induction and Business Training for KMA Leadership doctors - 14th to 15th July
- [South Asian Scientific Conference](#) - 3rd to 5th August
- KMA National Governing Council Meeting - August 2017
- Kenya National Nutrition Week - 1st to 7th September
- CME on Emerging Diseases: Neglected Diseases- September 2017
- KMA ICT Conference 2017 - 29th to 30th September
- Unilever-KMA Hygiene Symposium - October 2017
- Medical Diagnostic Camp on NCD - November 2017
- Community and media engagement on Diabetes Mellitus - November 2017

Register for KMA membership today!!

Have you registered to become a KMA member? Register online today and receive your unique KMA number.

Who is eligible to register?

1. Any registered medical or dental practitioner in Kenya
2. Medical Students
3. Associates



KMA Membership Survey

The KMA membership survey seeks to assess the level of satisfaction and engagement with your KMA membership with a goal to continue improving service delivery and the benefits to you.

[Click Here](#) to fill out the membership survey.

EVENTS CALENDAR

MAY 2017						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

JUNE 2017						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

JULY 2017						
S	M	T	W	T	F	S
30	31					1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

Conference Gallery



